

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023**

			<b>TOTAL</b>	
<b>Place</b>	<b>Name</b>	<b>ID</b>	<b>Class</b>	<b>PTS</b>
<b>1</b>	<b>Hinton Marc</b>	<b>208</b>	<b>MM</b>	<b>207.84</b>
<b>2</b>	<b>HASKELL Andrew</b>	<b>200</b>	<b>MM</b>	<b>244.47</b>
<b>3</b>	<b>JANUSAUSKAS Vytas</b>	<b>202</b>	<b>MM</b>	<b>284.75</b>
<b>1</b>	<b>GEHRING Julie</b>	<b>101</b>	<b>MW</b>	<b>231.02</b>
<b>1</b>	<b>Bayne Kiera</b>	<b>107</b>	<b>OW</b>	<b>203.76</b>
<b>2</b>	<b>Jolliffe Kaelan</b>	<b>106</b>	<b>OW</b>	<b>209.39</b>
<b>3</b>	<b>ALSDORF Olivia</b>	<b>100</b>	<b>OW</b>	<b>234.70</b>
<b>1</b>	<b>HART-GORMAN Samuel</b>	<b>204</b>	<b>SM</b>	<b>182.00</b>
<b>2</b>	<b>MERCER Eric</b>	<b>201</b>	<b>SM</b>	<b>218.12</b>
<b>3</b>	<b>MYERS Liam</b>	<b>203</b>	<b>SM</b>	<b>224.12</b>
<b>4</b>	<b>DIXIT Ishan</b>	<b>205</b>	<b>SM</b>	<b>224.55</b>
<b>1</b>	<b>BOUDREAU Chloe</b>	<b>102</b>	<b>SW</b>	<b>260.26</b>
<b>2</b>	<b>Weinstein Grace</b>	<b>109</b>	<b>SW</b>	<b>264.44</b>

**MM=MASTER MEN**

**MW=MASTER WOMEN**

**OW=OPEN WOMEN**

**SM=SCHOLASTIC MEN**

**SW=SCHOLASTIC WOMEN**

**PSM=PRE-SCHOLASTIC MEN**

**PSW=PRE-SCHOLASTIC WOMEN**

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023**

				<b>TOTAL</b>
<b>Place</b>	<b>Name</b>	<b>ID</b>	<b>Class</b>	<b>PTS</b>
<b>1</b>	<b>Bosco Narayan</b>	<b>206</b>	<b>PSM</b>	<b>302.31</b>
<b>2</b>	<b>Weinstein Levi</b>	<b>209</b>	<b>PSM</b>	<b>397.68</b>
<b>3</b>	<b>Gaboriau Henri</b>	<b>210</b>	<b>PSM</b>	<b>397.80</b>
<b>1</b>	<b>Moodey Ella</b>	<b>105</b>	<b>PSW</b>	<b>316.13</b>
<b>2</b>	<b>WEINSTEIN Sophie</b>	<b>108</b>	<b>PSW</b>	<b>320.07</b>

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023**

**DAY 1 RESULTS**

**100M**

Event	Lane	ID	Name	100m	pts	100pts
1	I	210	GABORIAU Henri	0:00:19.110	95.5500	95.55
	O	0			0.0000	0.00
2	I	209	WEINSTEIN Levi	0:00:19.150	95.7500	95.75
	O	105	MOODEY Ella	0:00:16.150	80.7500	80.75
3	I	108	WEINSTEIN Sophie	0:00:16.410	82.0500	82.05
	O	206	BOSCO Narayan	0:00:15.850	79.2500	79.25

**500M**

Event	Lane	ID	Name	100m	400m	500m	pts
1	I	200	HASKELL Andrew	0:00:15.240	00:46.200	0:01:01.440	61.4400
	O	199	WEINSTEIN Dan OC	0:00:12.480	00:34.280	0:00:46.760	46.7600
2	I	201	MERCER Eric	0:00:12.270	00:37.830	0:00:50.100	50.1000
	O	205	DIXIT Ishan	00:14.010	00:39.570	0:00:53.580	53.5800
3	I	202	JANUSAUSKAS Vytas	0:00:17.760	00:50.850	0:01:08.610	68.6100
	O	104	VOCE Maria	0:00:20.160	01:13.390	0:01:33.550	93.5500
4	I	109	WEINSTEIN Grace	0:00:14.390	00:45.910	0:01:00.300	60.3000
	O	102	BOUDREAU Chloe	0:00:15.020	00:46.080	0:01:01.100	61.1000
5	I	101	GEHRING Julie	0:00:14.680	00:40.490	0:00:55.170	55.1700
	O	100	ALSDORF Olivia	0:00:14.680	00:38.950	0:00:53.630	53.6300
6	I	208	HINTON Marc	0:00:12.660	00:36.730	0:00:49.390	49.3900
	O	203	MYERS Liam	0:00:12.870	00:37.200	0:00:50.070	50.0700
7	I	107	BAYNE Kiera	0:00:12.250	00:34.840	0:00:47.090	47.0900

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023**

8	O	106	JOLLIFFE Kaelan	0:00:12.570	00:35.860	0:00:48.430	48.4300
	I	204	HART-GORMAN Samuel	0:00:11.700	00:34.610	00:46.310	46.3100
	O	207	QUINN Anson	0:00:12.040	00:35.970	00:48.010	48.0100

**700M**

Event	Lane	ID	Name	300m	400m	700m	pts	700pts
1	I	105	MOODEY Ella	0:00:47.690	01:08.560	0:01:56.250		83.03
	O	209	WEINSTEIN Levi	0:00:58.750	01:26.740	0:02:25.490		103.92
2	I	210	GABORIAU Henri	0:00:55.170	01:28.740	0:02:23.910		102.79
	O	206	BOSCO Narayan	0:00:46.480	01:01.910	0:01:48.390		77.42
3	I	108	WEINSTEIN Sophie	0:00:49.130	01:05.940	0:01:55.070		82.19
	O	0		0	00:00.000			0.00

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023**

**1500M**

Eve nt	Lan e	ID	Name	300m	400m	700m	400m	1100m	400m	1500m	1500m pts
1	I	10			01:27.62	0:02:26.69	01:31.2	0:03:57.9	01:39.2	0:05:37.1	112.39
	O	4	VOCE Maria	0:00:59.070	0	0	70	60	30	90	
2	I	20	HASKELL		00:49.49	0:01:29.32	00:50.3	0:02:19.6	00:49.7	0:03:09.3	63.13
	O	10	WEINSTEIN	0:00:39.830	0	0	40	60	30	90	
3	I	20			00:42.89	0:01:17.76	00:46.3	0:02:04.1	00:48.7	0:02:52.9	57.64
	O	3	MYERS Liam	0:00:34.870	0	0	70	30	90	20	
4	I	20	JANUSAUSK		00:55.87	0:01:40.22	00:58.5	0:02:38.7	00:56.9	0:03:35.6	71.89
	O	2	AS Vytas	0:00:44.350	0	0	60	80	00	80	
5	I	20			00:43.90	0:01:19.16	00:44.3	0:02:03.4	00:45.7	0:02:49.2	56.42
	O	1	MERCER Eric	0:00:35.260	0	0	10	70	90	60	
6	I	10	BOUDREAU		00:53.45	0:01:34.70	00:55.1	0:02:29.8	00:54.2	0:03:24.0	68.03
	O	2	Chloe	0:00:41.250	0	0	70	70	20	90	
7	I	10	JOLLIFFE		00:39.81	0:01:11.92	00:43.4	0:01:55.3	00:45.3	0:02:40.6	53.56
	O	6	Kaelan	0:00:32.110	0	0	20	40	50	90	
8	I	20	QUINN		00:00.00		00:00.0			dns	DNS
	O	7	Anson		0		00				
9	I	10			00:38.77	0:01:10.33	00:41.9	0:01:52.2	00:44.5	0:02:36.8	52.28
	O	7	BAYNE Kiera	0:00:31.560	0	0	50	80	60	40	
10	I	20	HINTON		00:38.91	0:01:10.37	00:42.6	0:01:53.0	00:43.8	0:02:36.9	52.30
	O	8	Marc	0:00:31.460	0	0	50	20	90	10	
11	I	20	HART-		00:34.41	0:01:03.62	00:35.8	0:01:39.4	00:37.4	0:02:16.8	45.62
	O	4	GORMAN Samuel	0:00:29.210	0	0	10	30	40	70	

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023****DAY 2**

<b>Event</b>	<b>Lane</b>	<b>ID</b>	<b>Name</b>	<b>200m</b>	<b>100pts</b>
<b>1</b>	<b>I</b>	<b>211</b>	<b>Marra Jace</b>	<b>0:00:42.190</b>	<b>105.47</b>
	<b>O</b>	<b>209</b>	<b>Weinstein Levi</b>	<b>0:00:41.150</b>	<b>102.87</b>
<b>2</b>	<b>I</b>	<b>210</b>	<b>Gaboriau Henri</b>	<b>0:00:39.280</b>	<b>98.20</b>
	<b>O</b>	<b>108</b>	<b>WEINSTEIN Sophie</b>	<b>0:00:31.670</b>	<b>79.17</b>
<b>3</b>	<b>I</b>	<b>105</b>	<b>Moodey Ella</b>	<b>0:00:30.420</b>	<b>76.05</b>
	<b>O</b>	<b>206</b>	<b>Bosco Narayan</b>	<b>0:00:29.520</b>	<b>73.80</b>

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023****1000M**

Event	Lane	ID	Name	200m	400m	600m	400m	1000m	1000m pts
1	I	202	JANUSAUSKAS Vytas	0:00:29.800	00:51.910	0:01:21.710	00:58.550	0:02:20.260	70.13
	O	207	QUINN Anson	0:00:20.970	00:35.420	0:00:56.390	00:38.220	0:01:34.610	47.30
2	I	109	Weinstein Grace	0:00:24.810	00:45.600	0:01:10.410	00:50.150	0:02:00.560	60.28
	O	102	BOUDREAU Chloe	0:00:26.340	00:46.580	0:01:12.920	00:48.900	0:02:01.820	60.91
3	I	200	HASKELL Andrew	0:00:26.690	00:45.160	0:01:11.850	00:46.200	0:01:58.050	59.02
	O	101	GEHRING Julie	0:00:24.460	00:39.170	0:01:03.630	00:41.150	0:01:44.780	52.39
4	I	100	ALSDORF Olivia	0:00:24.330	00:40.180	0:01:04.510	00:44.310	0:01:48.820	54.41
	O	205	DIXIT Ishan	0:00:23.340	00:39.200	0:01:02.540	00:43.340	0:01:45.880	52.94
5	I	203	MYERS Liam	0:00:22.310	00:37.990	0:01:00.300	00:43.980	0:01:44.280	52.14
	O	201	MERCER Eric	0:00:22.020	00:38.500	0:01:00.520	00:41.700	0:01:42.220	51.11
6	I	106	Jolliffe Kaelan	0:00:21.900	00:37.020	0:00:58.920	00:40.230	0:01:39.150	49.57
	O	208	Hinton Marc	0:00:22.150	00:37.020	0:00:59.170	00:40.720	01:39.890	49.94
7	I	107	Bayne Kiera	0:00:21.330	00:35.380	0:00:56.710	00:38.800	0:01:35.510	47.75
	O	204	HART-GORMAN Samuel	0:00:20.410	00:32.410	0:00:52.820	00:33.940	0:01:26.760	43.38

**ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023****600M**

<b>Event</b>	<b>Lane</b>	<b>ID</b>	<b>Name</b>	<b>200m</b>	<b>400m</b>	<b>600m</b>	<b>600pts</b>
<b>1</b>	<b>I</b>	<b>211</b>	<b>Marra Jace</b>	<b>0:00:37.940</b>	<b>01:24.990</b>	<b>0:02:02.930</b>	<b>102.44</b>
	<b>O</b>	<b>209</b>	<b>Weinstein Levi</b>	<b>0:00:37.320</b>	<b>01:16.850</b>	<b>0:01:54.170</b>	<b>95.14</b>
<b>2</b>	<b>I</b>	<b>210</b>	<b>Gaboriau Henri</b>	<b>0:00:37.980</b>	<b>01:23.540</b>	<b>02:01.520</b>	<b>101.26</b>
	<b>O</b>	<b>108</b>	<b>WEINSTEIN Sophie</b>	<b>0:00:31.810</b>	<b>01:00.190</b>	<b>0:01:32.000</b>	<b>76.66</b>
<b>3</b>	<b>I</b>	<b>105</b>	<b>Moodey Ella</b>	<b>0:00:30.370</b>	<b>01:01.190</b>	<b>0:01:31.560</b>	<b>76.30</b>
	<b>O</b>	<b>206</b>	<b>Bosco Narayan</b>	<b>0:00:29.480</b>	<b>00:56.730</b>	<b>0:01:26.210</b>	<b>71.84</b>



# ADIRONDACK ALL AROUND/EMPIRE STATE LONG TRACK CHAMPIONSHIP MARCH 4-5, 2023

## 3000M

Event	Lane	ID	Name	200m	400m	600m	400m	1000m	400m	1400m	400m	1800m	400m	2200m	400m	2600m	400m	3000m	pts	3000m pts
1	O	20	QUINN Anson	0:00:19 .710	00:38. 760	0:00:58 .470	00:42. 840	0:01:41 .310	00:43. 760	0:02:25 .070	00:44. 640	0:03:09 .710	00:45. 000	0:03:54 .710	00:44. 530	0:04:39 .240	00:41. 900	0:05:21 .140	53.5 233	53.52
		02	JANUSAUSKA S Vytas	0:00:31 .570	00:58. 710	0:01:30 .280	00:58. 830	0:02:29 .110	00:58. 590	0:03:27 .700	00:59. 990	0:04:27 .690	01:00. 320	0:05:28 .010	00:59. 370	0:06:27 .380	00:57. 340	0:07:24 .720	74.1 200	74.12
2	O	10	Weinstein Grace	0:00:33 .790	00:58. 530	0:01:32 .320	00:58. 690	0:02:31 .010	00:57. 810	0:03:28 .820	00:58. 210	0:04:27 .030	00:58. 650	0:05:25 .680	00:58. 220	0:06:23 .900	00:54. 980	0:07:18 .880	73.1 467	73.14
		02	BOUDREAU Chloe	0:00:31 .310	00:56. 690	0:01:28 .000	00:58. 390	0:02:26 .390	00:56. 370	0:03:22 .760	00:56. 510	0:04:19 .270	00:55. 310	0:05:14 .580	00:54. 520	0:06:09 .100	00:52. 260	0:07:01 .360	70.2 267	70.22
3	O	00	HASKELL Andrew	0:00:28 .590	00:49. 730	0:01:18 .320	00:47. 270	0:02:05 .590	00:47. 960	0:02:53 .550	00:48. 750	0:03:42 .300	00:48. 900	0:04:31 .200	00:47. 570	0:05:18 .770	00:46. 560	0:06:05 .330	60.8 883	60.88
		00	ALSDORF Olivia	0:00:30 .890	00:49. 970	0:01:20 .860	00:50. 290	0:02:11 .150	00:52. 490	0:03:03 .640	00:54. 120	0:03:57 .760	00:56. 740	0:04:54 .500	00:57. 390	0:05:51 .890	00:54. 480	0:06:46 .370	67.7 283	67.72
4	O	10	GEHRING Julie	0:00:27 .250	00:46. 000	0:01:13 .250	00:50. 190	0:02:03 .440	00:51. 510	0:02:54 .950	00:52. 740	0:03:47 .690	00:54. 510	0:04:42 .200	00:56. 370	0:05:38 .570	00:54. 790	0:06:33 .360	65.5 600	65.56
		05	DIXIT Ishan	0:00:25 .340	00:44. 300	0:01:09 .640	00:48. 110	0:01:57 .750	00:50. 100	0:02:47 .850	00:49. 860	0:03:37 .710	00:50. 230	0:04:27 .940	00:51. 290	0:05:19 .230	00:47. 850	0:06:07 .080	61.1 800	61.18
5	O	03	MYERS Liam	0:00:26 .500	00:47. 660	0:01:14 .160	00:50. 550	0:02:04 .710	00:52. 330	0:02:57 .040	00:50. 670	0:03:47 .710	00:51. 760	0:04:39 .470	00:55. 370	0:05:34 .840	00:50. 790	0:06:25 .630	64.2 717	64.27
		01	MERCER Eric	0:00:26 .400	00:46. 780	0:01:13 .180	00:49. 020	0:02:02 .200	00:47. 300	0:02:49 .500	00:47. 250	0:03:36 .750	00:48. 430	0:04:25 .180	00:49. 050	0:05:14 .230	00:48. 750	0:06:02 .980	60.4 967	60.49
6	O	08	Hinton Marc	0:00:23 .820	00:41. 660	0:01:05 .480	00:42. 450	0:01:47 .930	00:44. 450	0:02:32 .380	00:45. 560	0:03:17 .940	00:46. 700	0:04:04 .640	00:46. 250	0:04:50 .890	00:46. 380	0:05:37 .270	56.2 117	56.21
		06	Jolliffe Kaelan	0:00:24 .190	00:40. 780	0:01:04 .970	00:43. 110	0:01:48 .080	00:44. 730	0:02:32 .810	00:47. 300	0:03:20 .110	00:48. 910	0:04:09 .020	00:49. 320	0:04:58 .340	00:48. 690	0:05:47 .030	57.8 383	57.83
7	O	07	Bayne Kiera	0:00:23 .220	00:40. 060	0:01:03 .280	00:42. 660	0:01:45 .940	00:43. 760	0:02:29 .700	00:46. 310	0:03:16 .010	00:48. 200	0:04:04 .210	00:47. 960	0:04:52 .170	00:47. 700	0:05:39 .870	56.6 450	56.64
		04	HART-GORMAN Samuel	0:00:21 .820	00:34. 380	0:00:56 .200	00:35. 330	0:01:31 .530	00:36. 330	0:02:07 .860	00:37. 100	0:02:44 .960	00:37. 920	0:03:22 .880	00:38. 540	0:04:01 .420	00:38. 760	0:04:40 .180	46.6 967	46.69