

| PI | OUSA (Y/N) | Name | Time | YB | Club |
|--------------------|------------|-------------------------|---------------|------------|---------------|
| M-White (1) | | | 1.8 km | 6 C | |
| | Y | Peter Campbell | dns | 07 | NEOC |
| F-14 (1) | | | 1.8 km | 6 C | |
| 1 | N | Clara Nales | 48:57 | 11 | OOC |
| M-14 (3) | | | 1.8 km | 6 C | |
| 1 | Y | Anthony Glukhov | 46:57 | 13 | HVO |
| | N | Sherlock Connell | dnf | 14 | OOC |
| | Y | Gavin Burkhead | dns | 12 | SMOC |
| M-16 (3) | | | 2.1 km | 8 C | |
| 1 | N | Woodrow Connell | 30:41 | 12 | OOC |
| | N | Jay Nales | dnf | 07 | OOC |
| | Y | Parker Scanio | dns | 07 | None |
| F60+ (3) | | | 2.1 km | 8 C | |
| 1 | N | Cathy Bakker | 24:04 | 62 | OOC |
| 2 | N | Mary-Ellen Connolly | 28:07 | 61 | OOC |
| | Y | Terry Myers Coney | dns | 53 | NEOC |
| F70+ (4) | | | 2.1 km | 8 C | |
| 1 | Y | Sharon Crawford | 29:07 | 44 | RMOC |
| 2 | Y | Candice Raines | 51:37 | 51 | EMPO |
| 3 | Y | Nadezhda Popova | 52:33 | 48 | HVO |
| | Y | Susan Hawkes-Teeter | dnf | 52 | EMPO |
| F80+ (1) | | | 1.8 km | 6 C | |
| 1 | N | Judith Dickinson | 1:20:47 | 41 | HVO |
| M70+ (6) | | | 2.4 km | 9 C | |
| 1 | Y | Kenneth Walker Sr. | 32:39 | 49 | CSU |
| 2 | Y | J Thayer Raines | 49:54 | 53 | EMPO |
| 3 | Y | Mitchel Hansen | 59:11 | 52 | CNYO |
| 4 | N | Vladimir Gavrilov | 1:01:11 | 48 | Ramblers |
| 5 | Y | Philip Hawkes-Teeter | 1:01:45 | 47 | EMPO |
| | Y | Eric Hamilton | dns | 45 | EMPO |
| F-20 (1) | | | 2.4 km | 9 C | |
| | Y | Anna Campbell | dns | 05 | NEOC |
| F40+ (5) | | | 2.4 km | 9 C | |
| 1 | Y | Yekaterina Dvinyaninova | 31:15 | 76 | HVO |
| 2 | N | Caroline Bouchard | 39:57 | 79 | Accro O Sport |
| 3 | Y | Svetlana Frolenko | 43:06 | 73 | DVOA |

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| F40+ (5) | | | 2.4 km | 9 C | (cont.) |
| | N | Freya Nales | dnf | 75 | OOC |
| | Y | Victoria Campbell | dns | 74 | NEOC |
| F50+ (7) | | | 2.4 km | 9 C | |
| 1 | N | Pam James | 28:41 | 66 | OANS |
| 2 | Y | Albina Zakrevski | 33:30 | 66 | HVO |
| 3 | Y | Angelica Riley | 34:09 | 70 | DVOA |
| 4 | N | Val Duca | 50:56 | 68 | Stars |
| | N | Marketa Graham | mp | 64 | OOC |
| | Y | Dagmar Merkova | mp | 70 | QOC |
| | N | Jackie Tarnopolsky | dns | 65 | DontGetLost |
| M50+ (4) | | | 3.4 km | 9 C | |
| 1 | N | Nick Duca | 32:10 | 66 | Stars |
| 2 | Y | Mitch Collinsworth | 34:34 | 59 | ROC |
| 3 | Y | Wyatt Riley | 36:39 | 73 | DVOA |
| 4 | N | Lach Yadkov | 39:15 | 65 | BFLO |
| M60+ (8) | | | 2.4 km | 9 C | |
| 1 | N | Paul Lefebvre | 22:07 | 55 | OOC |
| 2 | N | Stefan Bergstrom | 24:12 | 55 | OOC |
| 3 | N | Rumen Stoimenov | 28:41 | 62 | None |
| 4 | N | Bruce Glen | 33:36 | 58 | Ramblers |
| 5 | Y | Aims Coney | 34:04 | 54 | NEOC |
| 6 | Y | Gary Maslanka | 34:06 | 54 | ROC |
| 7 | Y | Mihai Veres | 35:54 | 61 | DVOA |
| | Y | J-J Cote | dns | 61 | LROC |
| M-Green (3) | | | 2.4 km | 9 C | |
| 1 | Y | Yuri Zakrevski | 43:38 | 90 | HVO |
| | N | Tyler Koziol | dns | 01 | EMPO |
| | N | Scott Drumm | dns | 65 | CROC |
| M40+ (5) | | | 3.4 km | 9 C | |
| 1 | N | Sheldon Hancock | 29:12 | 75 | OOC |
| 2 | N | Philippe Cote-Jacques | 33:43 | 80 | Accro O Sport |
| 3 | N | Alin Duca | 41:53 | 80 | Stars |
| 4 | Y | Joseph Burkhead | 1:04:57 | 78 | SMOC |
| | Y | Jonathan Campbell | dns | 74 | NEOC |
| F-21+ (7) | | | 3.4 km | 9 C | |
| 1 | Y | Alexis Merka | 37:00 | 04 | QOC |
| 2 | Y | Stina Bridgeman | 38:25 | 74 | ROC |
| | N | Milla Tarnopolsky | dns | 00 | DontGetLost |
| | N | Emma Waddington | dns | 98 | DontGetLost |
| | N | Briana Steven | dns | 00 | BAOC |

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| F-21+ (7) | | | 3.4 km | 9 C | <i>(cont.)</i> |
| | N | Pia Blake | dns | 96 | OOC |
| | Y | Alison Crocker | dns | 84 | CROC |
| M-21+ (15) | | | 3.5 km | 11 C | |
| 1 | Y | Chris Burnham | 23:59 | 92 | GMOC |
| 2 | Y | Adrian Owens | 25:01 | 68 | GMOC |
| 3 | N | James Connell | 25:47 | 79 | OOC |
| 4 | Y | Jimmy Burnham | 27:44 | 90 | CSU |
| 5 | Y | Kestrel Owens | 29:22 | 98 | GMOC |
| 6 | Y | Sergei Ryzhkov | 29:30 | 86 | DVOA |
| 7 | Y | Tristan Smith | 33:52 | 94 | NEOC |
| 8 | Y | Ken Walker Jr. | 39:16 | 78 | CSU |
| 9 | Y | Martin Hawkes-Teeter | 49:15 | 87 | EMPO |
| 10 | N | Jon Torrance | 50:14 | 71 | OOC |
| | N | Mark Tarnopolsky | dns | 62 | DontGetLost |
| | Y | Victor Frolenko | dns | 02 | DVOA |
| | N | Robert Graham | dns | 96 | OOC |
| | N | Eric Kemp | dns | 89 | OOC |
| | Y | Ari Ofsevit | dns | 84 | CSU |